Order online by 9am for delivery Mon. Tue. Wed. Thur

# ezlunch MENU

\$5.50

# WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Dumplings 6pcs	\$8.80
Tue	TUESDAY - Pizza Smoked Salmon & Spinach	\$5.20
Tue	TUESDAY - Pizza cheese & ham	\$4.90
Tue	TUESDAY - Pizza cheese & pineapple	\$4.90
Wed	WEDNESDAY - LARGE Teriyaki chicken on rice	\$8.10
Wed	WEDNESDAY - SMALL Teriyaki chicken on rice	\$5.70
Thur	THURSDAY - LARGE Japanese Beef Curry	\$8.40
Thur	THURSDAY - SMALL Japanese Beef Curry	\$5.90
	WARM MAINS	
	NEW Pancake w. Orange, Pineapple	\$5.80
T.W.Th	Red Bean Paste Pancake	\$5.10
M.T.Th	Pork & Cabbage Pancake	\$5.60
M.W	Rougamo Box	\$7.00
M.T.Th	BBQ Pork Bun (steamed)	\$4.70
Wed	Pork & Cabbage Bun (steamed)	\$4.70
	Mince pie (Kiwi Classic)	\$6.10
	Mince & cheese pie (Billy T)	\$6.10
M.T	LARGE Butter chicken on rice	\$7.60
M.T	SMALL Butter chicken on rice	\$5.20
	SMALL Spaghetti bolognaise	\$5.20
W.Th	NEW Panini ham & cheese	\$6.80
M.T	Panini chicken & spinach	\$6.80
	GF Toasted cheese sandwich	\$5.90
M.W.Th	Toasted sandwich cheese & HAM	\$5.50
	Toasted sandwich CHEESE	\$4.20
	Hot dog	\$6.10
	Beef nachos (large)	\$8.10
W.Th	Mini Sausage roll	\$2.60
	Mince Savoury	\$2.60
	Tomato sauce	\$0.50
	COLD MAINS	
	NEW Vegetarian Vietnamese Fresh Spring Rolls	\$5.50

## NEW Vegetarian Vietnamese Fresh Spring Rolls NEW Vietnamese Fresh Spring Rolls

	NEW Seaweed Inari	\$4.80
M.T.W.Th	NEW Edamame beans	\$4.00
M.T.W.Th	NEW Sweet & Sour Noodle Salad	\$4.70
M.T.W.Th	NEW Vogel Sandwich - Smoked salmon	\$5.80
M.T.W.Th	NEW Ham & Cucumber sandwich	\$5.00
M.T.W.Th	NEW Tuna sandwich	\$5.00
M.T.W.Th	Rice Balls and Salad	\$7.80
M.T.W.Th	Tofu Pockets and Salad	\$8.10
M.T.W.Th	Vegetable Noodle Salad (small)	\$4.70
M.T	Butter chicken wrap	\$6.10
W.Th	Chicken Wrap	\$6.10
M.T.W.Th	Vogel - Chicken	\$5.30
M.T.W.Th	Vogel - Vegetable	\$5.30
	Chicken & Vege Sandwich	\$5.30

### Kristin School / Term 1 2021



### **SNACKS & DESSERTS**

	NEW Banana & Chocolate Yum Yum Balls	\$3.60
	NEW Chocolate Yum Yum Balls	\$3.60
M.T.W.Th	NEW After School Combo 1	\$8.50
M.T.W.Th	NEW After School Combo 2	\$8.50
	Popcorn	\$1.50
	Brownie - Chocolate	\$3.60
	Cookie - chocolate	\$2.30
	Yoghurt	\$3.20
	Fresh fruit salad	\$5.50
T.W.Th	Carrot sticks	\$2.20
T.W.Th	Grapes - fresh & washed	\$2.80
T.W.Th	Pineapple - Sliced	\$2.80
M.T.W.Th	Sweet Seaweed	\$2.60
	Organic Seaweed - 2g Snack Pack	\$1.90
	DRINKS	
Wed	NEW NZ Natural Lightly Sparkling Water 250ml	\$2.50
	Water - Onepure 320ml	\$3.20
	Milk - WDOM Full Cream Milk 250ml	\$3.50
	Chocolate Milk - WDOM Lactose Free 250ml	\$4.50
Tue	Aqa Lite sparkling water 350ml - Mango	\$2.70
Mon	Aqa Lite sparkling water 350ml - Apple	\$2.70
Thur	Aqa Lite sparkling water 350ml - Peach	\$2.70
мт	Charlie's Juice Tropical 200ml	¢7.20

M.T	Charlie's Juice - Tropical 200ml	\$3.20
W.Th	Charlie's Juice - Apple 200ml	\$3.20

# Order online... www.ezlunch.co.nz

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Need help? Visit support.mykindo.co.nz or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)

# Order online by 9am for delivery every day

# ezlunch MENU



Constellation Drive Home Zone Mairangi Bay 09-414 2428

Kristin School / Term 1 2021

## CAFE CORNER - MEALS

	NEW Carrot cake	\$8.20
	NEW Ham, cheese and tomato Croissant	\$11.10
	NEW Banana Bread	\$5.50
	Beef Stew on Mashed Potato	\$18.20
	Beef Burger	\$15.60
	Macaroni Cheese	\$10.00
	Chicken Nuggets & Chips - Air fried	\$9.30
	Smoked Chicken Vogel Sandwich	\$8.50
	Roasted Beef Vogel Sandwich	\$8.50
Mon	Beef Lasagne, Roasted Vegetables	\$15.10
Mon	Smoked Chicken Sandwich, choc caramel slice	\$15.10
Mon	Chicken Caesar Salad	\$14.90
Tue	Chicken Mushroom Filo with Roasted Pumpk	\$15.10
Tue	Chicken Bacon Sandwich & Mini Blueber	\$15.10
Tue	Teriyaki Chicken Salad	\$14.90
Wed	Bacon & Veg Quiche with Baked Beans	\$15.10
Wed	Roasted Beef Sandwich, Mini Raspberry Muffin	\$15.10
Wed	Cajun Chicken Salad	\$14.90
Thur	Salmon Frittata, Roasted Vegetables	\$15.10
Thur	Chicken Sandwich, Mini Chocolate Muffin	\$15.10
Thur	Chicken, Bacon & Avocado Salad	\$14.90
Fri	Smoked Chicken Panini, Baked Beans	\$15.10
Fri	Bacon & Egg Sandwich, Banana Bread	\$15.10
Fri	Roasted Mushroom Salad (Vegetarian)	\$14.90
	NEW Raspberry & White Chocolate Muffin (large)	\$4.50
	NEW Blueberry & Cream cheese Muffin (large)	\$4.50

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# ezlunch

Kristin School /	Term 1	2021



28/14 Airborne Road Rosedale Auckland mob-021 444 051

### SUSHI

Teriyaki Chicken with veges MINI rolls (6 pcs)	\$5.80
Teriyaki Chicken MINI rolls (6 pcs)	\$5.80
Crumbed Chicken MINI rolls (6 pcs)	\$5.80
Mayo Tuna MINI rolls (6 pcs)	\$5.80
Bulgogi Beef MINI rolls (6pcs)	\$5.80
Teriyaki Chicken MINI rolls (4 pcs) and	\$6.90
Salmon nigiri (2 pcs) and Prawn combo	\$7.95
Teriyaki Chicken FULL SIZE rolls (6 pcs)	\$8.95
Teriyaki Chicken with Avocado FULL SIZE ro	\$8.95
Bulgogi with Avocado FULL SIZE rolls (6 pcs)	\$8.95
Bulgogi Beef only FULL SIZE rolls (6 pcs)	\$8.95
Pork Gyoza Dumplings (4pcs)	\$5.30
MEALS ON RICE	
Teriyaki Chicken on rice - small	\$5.90
Teriyaki Chicken on rice - large	\$9.70
Crumbed Chicken on rice - small	\$5.90
Crumbed Chicken on rice - large	\$9.70
Teriyaki Salmon on rice - small	\$8.70
Teriyaki Salmon on rice - large	\$14.90
Bulgogi Beef on rice - small	\$5.90
Bulgogi Beef on rice - large	\$9.70
Prawn katsu on rice (2 pcs) - small	\$5.90
Prawn katsu on rice (4 pcs) - large	\$9.70
Teriyaki Prawn on rice -small	\$5.90
Teriyaki Prawn on rice - large	\$9.70
VEGETARIAN OPTIONS	
Plain Pice Inari (2 pcs)	¢ζ 50

Plain Rice Inari (2 pcs)	\$3.50
Inari Avocado combo (3 pcs)	\$5.30
Japanese style Vegetarian Dumpling (4 pcs)	\$5.10
Avocado MINI rolls (6 pcs)	\$6.90

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# ezlunch MENU

# DRINKS

	Water - Onepure 320ml	\$3.20
	Milk - WDOM Full Cream Milk 250ml	\$3.50
	Chocolate Milk - WDOM Lactose Free 250ml	\$4.50
Fri	Aqa Lite sparkling water 350ml - Lemonade	\$2.70
Fri	Charlie's Juice - Apple 200ml	\$3.20
	MINI CUDE	
	MINI SUBS Roast Beef Mini	\$5.30
	leg Ham Mini	\$3.30 \$4.90
	Salami Mini	\$4.90 \$4.90
	carved Turkey Mini	\$4.50
	Tuna Mini	\$5.30
	Veggie Delite Mini	\$4.30
		¢ 1.50
	6 INCH SUBS	
	Salami 6 inch	\$6.30
	Roast Beef 6 inch	\$7.30
	Leg Ham 6 inch	\$6.30
	Carved Turkey 6 inch	\$7.30
	Veggie Delite 6 inch	\$5.70
	Tuna 6 inch	\$7.30
	Veggie PATTY 6 inch	\$7.30
	FOOTLONG SUBS	
	Roast Beef Footlong	\$11.50
	Leg Ham Footlong	\$10.50
	Carved Turkey Footlong	\$11.50
	Salami Footlong	\$10.50
	Tuna Footlong	\$11.50
	Veggie Delite Footlong	\$9.90
	EXTRAS	
	Cookies	\$1.20
	Keri Apple Blackcurrant Fruity Drink	\$2.70
	Mini Water Pump	\$2.50
	Fruit Crush Up Strawberry	\$2.00
	PLAIN PETITA PITA	ćc 00
	Free Range Chicken Petita	\$6.00
	Free Farmed Ham Petita	\$6.00
	Roast Beef Petita Roast Lamb Petita	\$6.00 \$6.50
	Grilled Steak Petita	\$6.50 \$6.50
	Falafel Petita	\$6.00 \$6.00
	Garden Veggie Petita	\$5.50
	Marmite Petita	\$5.50
	Vegemite Petita	\$5.50
		<i>45.50</i>

### **PLAIN REGULAR PITA**

Free Range Chicken Regular Pita	\$9.00
Free Farmed Ham Regular Pita	\$9.00
Roast Beef Regular Pita	\$9.00
Roast Lamb Regular Pita	\$9.50
Grilled Steak Regular Pita	\$9.50
Falafel Regular Pita	\$9.00
Garden Veggie Regular Pita	\$8.50
Marmite Regular Pita	\$8.50
Vegemite Regular Pita	\$8.50
WHOLEMEAL PETITA PITA	
**********	\$6.00
Wholemeal Free Range Chicken Petita Wholemeal Free Farmed Ham Petita	
	\$6.00
Wholemeal Roast Beef Petita	\$6.00
Wholemeal Roast Lamb Petita	\$6.50
Wholemeal Grilled Steak Petita	\$6.50
Wholemeal Falafel Petita	\$6.00
Wholemeal Garden Veggie Petita	\$5.50
Wholemeal Marmite Petita	\$5.50
Wholemeal Vegemite Petita	\$5.50
WHOLEMEAL REGULAR PITA	
Wholemeal Free Range Chicken Regular Pita	\$9.00
Wholemeal Free farmed Ham Regular Pita	\$9.00
Wholemeal Roast Beef Regular Pita	\$9.00
Wholemeal Roast Lamb Regular Pita	\$9.50
Wholemeal Grilled Steak Regular Pita	\$9.50
Wholemeal Falafel Regular Pita	\$9.00
Wholemeal Garden Veggie Regular Pita	\$8.50

# Wholemeal Vegemite Regular Pita

Wholemeal Marmite Regular Pita

GLUTEN FREE Free Range Chicken Petita	\$8.00
GLUTEN FREE Free Farmed Ham Petita	\$8.00
GLUTEN FREE Roast Beef Petita	\$8.00
GLUTEN FREE Roast Lamb Petita	\$8.50
GLUTEN FREE Grilled Steak Petita	\$8.50
GLUTEN FREE Garden Veggie Petita	\$7.50

\$8.50 \$8.50

## **GLUTEN FREE REGULAR PITA**

GLUTEN FREE Free Range Chicken Regular Pita	\$11.00
GLUTEN FREE Free Farmed Ham Regular Pita	\$11.00
GLUTEN FREE Roast Beef Regular Pita	\$11.00

# SEE MORE ONLINE...

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